



## Course Details

ID: 030103012

Curriculum: Lubrication

Sub-category: Application

## Course Description

Tools and technology for applying lubrications including discussion of external and internal application methods, fusion delivery, and toys that create a temporary anal gape.

## Course Objectives

After completing this lesson, you will be able to accomplish the following tasks:

- List five major considerations for selecting a lube bottle.
- Contrast external lube application with internal lube application.
- Provided with a list of lube application tools, give on advantage and disadvantage for each.
- Explain to a novice fister why supplemental utilities like tunnel plugs and speculums may not help with lubrication application.