

Course Details

ID: 030103021

Curriculum: Lubrication

Sub-category: Preparation

Course Description

Fisting lube recipes cataloged in various formats, including single and multi-ingredient recipes, recipes by principal ingredient (base), and recipes by individual specific ingredient.

Course Objectives

After completing this lesson, you will be able to accomplish the following tasks:

- Provide discard date guidelines for opened and unopened ingredients.
- Discuss restrictions on water when preparing lubrications.
- Demonstrate shaking techniques during lube preparation.
- Give at least one myth or misconception regarding the preparation of lube.
- Provide two methods for decreasing clumping when mixing lubrication.
- Provide two methods for decreasing lube contamination during preparation.
- Recite one etiquette protocol related to lube preparation.